



5 tips on how to be a good ally

1 Be an ally every day - keep trying!

- Being an ally is something you should take pride in doing - but it does take practice.
- No one will get the language right 100% of the time for 100% of people. The important thing is to keep doing your best to get it right.
- It's okay if you make a mistake - just apologise, correct yourself, and move on.

2 Use inclusive language and respect pronouns

- It's okay to not know which pronouns someone uses. If you're unsure, just ask! Try not to assume based on their appearance.
- Share your pronouns too. Include your pronouns wherever your name is published, like your email signature or social media profile. This signals to others that you're an ally and support them.

3 Educate yourself - learn about issues that are important to the community

- Don't rely on your LGBTQIA+ friends to educate you. It's important to do your own research to understand the incredibly diverse identities under the LGBTQIA+ umbrella.
- Follow content creators, organisations, and podcasts from people of LGBTQIA+ identities, including those who identify as living with a disability, Culturally and Linguistically Diverse, or Aboriginal and/or Torres Strait Islander.

4 Respect privacy

- When LGBTQIA+ friends share their experience or identity with you, it shows a great level of trust. Don't assume they have shared their experience or identity with everyone. Sometimes, even the most casual conversation is shared in confidence. Make sure to respect and protect their privacy.

5 Call out discrimination when it happens

- Speak up when you encounter hurtful language, harmful stereotyping, inappropriate jokes or behaviour. You don't need to tolerate disrespect.
- By speaking out, you're also standing up for what you believe in - social justice - and sending a message to the people around you that discrimination isn't acceptable.

For more information: [Amnesty International “How to be an LGBTQIA+ ally” guide](#)





5 tips on how to be a good ally

Resources

- Support and services are available at [Council's LGBTQIA+ webpage](#) and from external organisations including [Black Rainbow](#) (Australia's National Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Queer, Trans* and Intersex service), [The Gender Centre](#) (NSW's leading body for trans and gender diverse advocacy), [Switchboard](#), [Intersex Human Rights Australia](#), [Queerspace](#) and [Minus18](#) (Australia's youth-driven network for LGBTQIA+ young people).
- [GLAAD](#) have some great resources
- Australian Institute of Family Studies [LGBTIQ+ Communities glossary of common terms](#)
- Podcasts! Try [Qmmunity](#), [Queers](#), [Making Gay History](#), [Beyond Gender](#)
- In the books '[Growing up Queer in Australia](#)' and '[Living and Loving in Diversity](#)' you can read deeply personal accounts from the LGBTQIA+ community.
- Watch the [Transgender](#), [Intersex](#), [Drag](#), and [Children of Same-Sex Parents](#) episodes of the TV show 'You Can't Ask That' on ABC iView, and the [Transgender Teenagers](#) episode of SBS Insight.
- [SBS Pride](#) shares articles celebrating LGBTQIA+ diversity and its multicultural communities in Australia.